



Prachin Shree Sumatinath Jinprasad
Nandprabha Jinalay Ahmedabad



Sumatinath Bhagwan

Kevaljnana Kalyanak

Chaitra Sud Agiyaras

On this day, Jains try & do at least one 'mala' reciting:

**"Om Hrim
Shri Sumatinath
Sarvagnay Namah"**

EKATVA BHAVANA
Solitude of the Soul

*Aap Akela Avtarey, Marey Akela Hoy:
Ya Kabahoon Is Jiv Ko, Saathi Saga Na koi*

Each person is born alone and dies alone.
There are no companions and relations of this soul.

LEADERSHIP

Trust in oneself and respect for others lie at the heart of authentic leadership- integrity and high moral standards sustain it. Leaders must constantly look within to take power and support from the essence of their self-worth and then turn outward and see others through the lens of equality and respect.

It is no longer enough, if ever it were, for a leader to lead from the front. What we must learn to do now is to lead from within because effective leadership of any kind is built on inner strength:

- The strength of vision that sees and brings out the best in others.
- The strength of example that inspires action in others, and
- The strength of self-respect that enables one to serve and care for others.

To lead then is simply to be visible and noticeable as one who is worthy of others' attention, and a leader is someone who follows her or his own inner principles, conscience, and truth. That inner truth is within each one of us, and the more we reconnect with it the more we become leaders who inspire others with excellence of performance, making us together the co-creators of our common destiny.



<i>Know Your Tirthankara</i>	
Sumatinath Bhagwan - Fifth Tirthankara	
Father	King Megh
Mother	Queen Mangaldevi
Family / Clan	Ikshvaku
Born In	the city of Ayodhya.
Lanchan (Symbol)	Goose
Symbolic Colour	Golden Complexion
After attaining Samyak Darshan, c took three bhavs to attain Moksha.	
Birth 1	As Purushasimha, son of King Vijayasen in Purva Mahavideh Kshetra of Jambudweep. As a result of vigorous penance and higher spiritual practices, he earned the Tirthankara-naam-and-gotra-karma.
Birth 2	As a celestial being
Birth 3	Sumatinath Bhagwan
Height	300 Bows



Panch Kalyanaks
Chavan Klayanak
Shravan Sud Bij
Janma Kalyanak
Vaishakh Sud Aatham
Diksha Kalyanak
Vaishakh Sud Nom
Kevaljnana Kalyanak
Chaitra Sud Agiyaras
Nirvan (Moksha) Kalyanak
Chaitra Sud Nom

Naming	Sumati means intelligence.
Diksha Palanquin	Abhyankara
Place of Diksha	Sahastramra forest
Breaking Fast	House of King Padma in Vijayapura
Time as Ascetic	20 Years
Place of Kevaljnana	Sahastramra forest
Tree	Priyangu tree
Deshna (First Sermon)	Ekatva Bhavna - solitude of the soul.
No of Gandharas	100 - Chief Gandhara - Chamar
Yaksha Yakshi	Tumbaru Mahakali
Sangh	Monks - 320K Nuns 530K Laymen - 281K Laywomen - 516K
Place of Moksha	Samet Shikhar
No of Ascetics who attained Moksha with Bhagwan	1000
Lifespan	40 Lacs Purva Years



Ekatva Bhavana



Ekatva means aloneness / solitariness. We enter the world alone and we leave it also alone. Each one of us must suffer the fruits of our individual karmas. Our cooperation in worldly affairs, love and affection for others should not be allowed to be degenerated into attachment because no amount of attachment either for our family or friends can save us from pangs of life. Consciousness that I am alone, and I alone have to chart my course of life is not being selfish. Also, that my family, my friends and my belongings are not mine, does not breed selfishness, but clinging, to all these things, does bring selfishness because such clinging is the result of gross attachment which is the worst vice in human nature.

Since we have assumed so many forms, we do not see our one and only true self. We focus on the circumference, which has many points like ego, possessions, relations, friends, foes and so on, and forget our soul, which came in this world alone and will go alone. Thinking of the solitariness of the soul should not frighten us; instead, it should build our inner strength. “I came in this world alone with my own good or bad karma. Only I am responsible for my own actions and the results thereof. I have the opportunity to make the best out of all situations. As long as I am in this world, I cannot live alone. Therefore, I should build a bridge between myself and other living beings, which can take me across without being attached to it.

“O, you wise one! Think about the inherent property of all things. Is there anything that is one’s own in this world? When one understands this deeply in his or her heart, will he or she ever get any kind of pain? “

- Your soul is the doer and enjoyer/sufferer of its own actions.
- You are the only one who can eradicate and/or modify your own Karma bondage.
- So, do not be lazy. Work towards the ultimate happiness and end the cycles of birth.

